

Practice Newsletter



Old Amersham Dental Clinic

Award winning practice

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Referrals

The biggest compliment you can pay us is to refer us to your friends and family. We are always delighted when we receive referrals from our patients. This means a great deal to us as it means you are happy with your dental care and are pleased to pass on this news to your family and friends. This is how our practice has grown and will continue to do so with your help.

Remember, smile. It's infectious...



Welcome

Welcome to our first practice newsletter. Our aim is to update you on the news and promotions at the practice, as well as featuring key dental procedures to help improve your smile.

Children's teeth

Your child's first visit to the dentist should be a pleasant experience, as a bad first impression may last a lifetime. Bringing a child when there is no emergency will make the visit an enjoyable experience. You should first take your child to visit the dentist as early as possible, then take them for regular six-monthly examinations.

This will help to keep their teeth healthy for life. The causes of tooth decay in children are the same as in adults, but because children's teeth are smaller, decay can reach the nerve and cause pain very quickly.

Help your child to brush their teeth until they are able to do it well by themselves, usually by around the age of seven.

Remember to encourage your child, as praise often gets results.



For a whiter, brighter smile!

One of the most popular ways to improve your smile is by tooth whitening. This is a safe and affordable option that can enhance your appearance with long-lasting results. Whether it's for a special occasion or simply because you deserve to treat yourself, contact us to arrange a consultation.

Voucher

£50 OFF tooth whitening*
with this voucher

* for a limited period only.



Referral offer

£10.00
Marks & Spencer
VOUCHER

We are accepting new patients and will reward the referring patient with a £10.00 Marks & Spencer voucher!

Dental health assessment

Regular dental examinations are very important as they allow us to monitor the health of your mouth and help to keep it free of tooth decay and gum disease. This can mean fewer fillings, less likelihood of toothache, more attractive teeth and a greater chance of keeping your own teeth for life.

As part of your dental examinations, we perform a comprehensive assessment of the overall health of your mouth, including each of the following areas.

We are trying to keep you as healthy as possible so that you reduce the risk of future problems and treatment, and look and feel great.

- We examine your general dental health, including checking for signs of oral cancer.
- We address any concerns you may have about your dental health.
- We address any concerns you may have about the appearance of your smile.
- We check your teeth to see that they are healthy and strong, and look for signs of decay.
- We check your teeth for signs of wear, erosion and cracks.
- We check that any fillings or other restorations are still strong and healthy, looking for signs of leakage, cracks or tooth decay.
- We examine the position and bite of your teeth to check for any irregularities.
- We check the health of your gums and look for any signs of periodontal disease.
- We check for the presence of plaque (which does all the damage to teeth, yet can be controlled to preserve health).
- We check to see if the inside of your mouth (cheeks, lips, tongue, roof and floor of mouth) is healthy.
- We also check the outside of your mouth.
- We check inside, under and between the teeth for health.
- We check the bone which supports your teeth.

We can then advise you on how to:

- Keep dentally healthy, or
- Become more healthy (and less likely to need future treatment, lose teeth, suffer bad breath or encounter other problems).

If you have any questions about your dental examination or treatment options, just ask. We are always happy to help.



Dental Care Membership

We at Old Amersham Dental Clinic believe that the best way of making treatment affordable, without compromising our high quality of care, is to offer you membership of our own Preventative Care Plans.

Preventative Care Plan

- Regular dental and hygiene appointments as a loyalty benefit to provide:
 - Clinical examination
 - Checking for signs of oral cancer
 - X-rays where clinically necessary
 - Periodontal advice
 - Preventative techniques to reduce decay and gum disease.
- Assessment of emergencies and dental pain with any temporary treatment required, carried out at the practice during normal surgery hours.
- All treatment planning for your future dental needs.
- Free antibiotics dispensed at the practice (subject to availability).
- All subsequent remedial work within 12 months of recommended restorative work.
- 20% reduction off any laboratory-based treatments required, i.e. crowns, bridges and dentures.
- 20% reduction off any fillings.
- 20% reduction off other dental work (extractions, etc.).
- Worldwide Dental Trauma Insurance to protect against the cost of large unforeseen accidental damage.
- Emergency Callout Insurance, should you need a dentist in an emergency, anywhere in the world.
- Redundancy protection for your monthly plan payments for up to 12 months.

Children's Care Plan (Under 10s free of charge)*

We also offer a Children's Care Plan. Members will receive tailored dental and oral hygiene advice appointments, as well as receiving the same insurance benefits as the Preventative Care Plan, and parental redundancy protection for up to 12 months.

**Subject to a parent being a registered member of our dental care plan.*

Why have a hygiene visit?

The main role of a hygiene visit is to clean your teeth professionally - this is usually called a scale and polish. However, perhaps the most important role is showing you the best way to keep your teeth free of plaque and to keep your gums healthy. Carefully removing deposits that build up on teeth (tartar), and teaching you how to prevent it reforming again, will go a long way to slowing the progress of gum disease. A clean, fresh smile is generally a healthy smile. Contact us to make an appointment with our hygienist Sue O'Neill today.

